

BETHESDA HEALTH CARE LAUNCHES 2016 GP EDUCATION PROGRAM

Bethesda Health Care's popular General Practitioner (GP) Education program was launched this evening with the first seminar of the year held at the hospital café for more than 40 medical practitioners.

Entitled 'Complexities of Sleep for General Practice', this session was presented by three experts in sleep and its associated complications. Dr Jack Philpott, Respiratory and Sleep Physician from Sleep WA was joined by Registered Nurse Ms Paula Bailey also from Sleep WA, and Cardiologist from Hearts West, Dr Rafeeq Salmie to speak on the following topics:

- Sleep apnoea
- Restless leg syndrome
- Primary insomnia
- Circadian rhythms
- Atrial fibrillation

This is the first time that these specialists have presented on the topic of sleep as part of the GP Education program, that has now in its fourth year.

The 2016 program will be incorporating presentations on prostate cancer, orthopaedics, bariatric surgery, breast cancer, and palliative care.

Bethesda Health Care CEO Ms Yasmin Naglazas said that 'every year our GP Education program grows in GP attendance and support, as well as requests from specialists to be included in the program. It is a fantastic way to showcase Bethesda Health Care's accredited specialists to the GP community, and to communicate the great work that is taking place at the hospital'.

Bethesda Health Care is an independent 88-bed award-winning hospital in Claremont who has been providing care and service to the Western Australian community for more than 70 years.

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